

# AM & PM Snack

# July 2020



WG – Whole Grain WW – Whole Wheat MG – Multi Grain

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Size Servings Ages 1-2 ½ Slice/ ¼ Cup ¼ Cup ½ Cup			1 (WG) Cereal Mix Apple Sauce Juice/Water	2 Vanilla Wafers Mandarin Oranges Juice/Water	3 <b>School Closed Independence Day</b>	Size Serving Ages 3-5 ½ Slice/ ¼ Cup ¾ Cup ¾ Cup
Size Servings Ages 1-2 ½ Slice/ ¼ Cup ¼ Cup ½ Cup	6 Animal Crackers Apple Slices Juice/Water	7 Carrots & Ranch Banana Juice/Water	8 Graham Crackers Orange Slices Juice/Water	9 Pretzels Apple Sauce Juice/Water	10 (WG) Wheat Crackers Mandarin Oranges Juice/Water	Size Serving Ages 3-5 ½ Slice/ ¼ Cup ¾ Cup ¾ Cup
Size Servings Ages 1-2 ½ Slice/ ¼ Cup ¼ Cup ½ Cup	13 Graham Crackers Orange Slices Juice/Water	14 Oatmeal Cookies Orange Slices Juice/Water	15 (WG) Cereal Mix Apple Sauce Juice/Water	16 (WG) Goldfish Crackers Banana Juice/Water	17 Vanilla Wafers Mandarin Oranges Juice/Water	Size Serving Ages 3-5 ½ Slice/ ¼ Cup ¾ Cup ¾ Cup
Size Servings Ages 1-2 ½ Slice/ ¼ Cup ¼ Cup ½ Cup	20 Animal Crackers Apple Slices Juice/Water	21 Carrots & Ranch Banana Juice/Water	22 Graham Crackers Orange Slices Juice/Water	23 Pretzels Apple Sauce Juice/Water	24 (WG) Wheat Crackers Mandarin Oranges Juice/Water	Size Serving Ages 3-5 ½ Slice/ ¼ Cup ¾ Cup ¾ Cu
27 Size Servings Ages 1-2 ½ Slice/ ¼ Cup ¼ Cup ½ Cup	28 Ritz Crackers & Cheese Apple Slices Juice/Water	29 Oatmeal Cookies Orange Slices Juice/Water	30 (WG) Cereal Mix Apple Sauce Juice/Water			Size Serving Ages 3-5 ½ Slice/ ¼ Cup ¾ Cup ¾ Cup

