

Lunch

March 2020

WG – Whole Grain

WW – Whole Wheat

MG – Multi Grain



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|--|---|---|
| <p>Size Servings Ages 1-2 1.5 Ounces / ⅔ Cup</p> <p>½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p> | <p>2</p> <p>(WG) Cheese & Spinach Ravioli w/Marinara Sauce Steamed Peas Pear Slices Milk and Water</p> | <p>3</p> <p>Sweet & Sour Chicken Steamed Rice Broccoli Pineapple Chunks Milk and Water</p> | <p>4</p> <p>Sloppy Joes on a (WW) Bun Potato Wedges Peas and Carrots Orange Slices Milk and Water</p> | <p>5</p> <p>(WG) Soft Chicken Tacos Mexican Rice Mixed Vegetables Banana Slices Milk and Water</p> | <p>6</p> <p>Turkey Hotdogs(WW) Potato Wedges Mixed Vegetables Mixed Fruit Milk and Water</p> | <p>7</p> <p>Size Servings Ages 3-5 1.5 Ounces / ⅔ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p> |
| <p>8</p> <p>Size Servings Ages 1-2 1.5 Ounces / ⅔ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p> | <p>9</p> <p>(WG) Spaghetti with Meat Sauce Steamed Green Beans Peach Slices Milk and Water</p> | <p>10</p> <p>Teriyaki Chicken Steamed Rice Broccoli Mandarin Oranges Milk and Water</p> | <p>11</p> <p>Chicken Burgers (WW) Potato Wedges Carrots Sticks Fruit Cocktail Milk and Water</p> | <p>12</p> <p>(WG) Chicken Taquitos Mexican Rice With Corn Mixed Fruit Milk and Water</p> | <p>13</p> <p>Chicken Salad Sandwiches (WW) Carrot Sticks Banana Slices Milk and Water</p> | <p>14</p> <p>Size Servings Ages 3-5 1.5 Ounces / ⅔ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p> |
| <p>15</p> <p>Size Servings Ages 1-2 1.5 Ounces / ⅔ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p> | <p>16</p> <p>(WG) Penne Pasta with Turkey Meatballs Mixed Vegetables Mixed Fruit Milk and Water</p> | <p>17</p> <p>BBQ chicken Steamed Rice Broccoli Apples Slices Milk and Water</p> | <p>18</p> <p>Bagel Pizza Carrot Sticks With Ranch Banana Slices Milk and Water</p> | <p>19</p> <p>(WG) Cheese & Bean Burritos Spanish Rice Steamed Green Beans Peach Slices Milk and Water</p> | <p>20</p> <p>Chicken Nuggets Mashed Potatoes (WW) Bun Peas Orange Slices Milk and Water</p> | <p>21</p> <p>Size Servings Ages 3-5 1.5 Ounces / ⅔ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p> |
| <p>22</p> <p>Size Servings Ages 1-2 1.5 Ounces / ⅔ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p> | <p>23</p> <p>(WG) Fettuccini Alfredo With Chicken Mixed Vegetables Fruit Cocktail Milk and Water</p> | <p>24</p> <p>(WG) Chicken Noodle Stir Fry Steamed Broccoli Orange Slices Milk and Water</p> | <p>25</p> <p>(WW) Grilled Cheese Sandwiches Carrots with Ranch Dressing Banana Slices Milk and Water</p> | <p>26</p> <p>(WG) Cheese Enchiladas Spanish Rice Mixed Vegetables Fruit Cocktail Milk and Water</p> | <p>27</p> <p>(WG) Turkey Corn Dogs Steamed Broccoli Orange Slices Milk and Water</p> | <p>28</p> <p>Size Servings Ages 3-5 1.5 Ounces / ⅔ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p> |
| <p>29</p> <p>Size Servings Ages 1-2 1.5 Ounces / ⅔ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p> | <p>30</p> <p>(WG) Baked Ziti with Mozzarella & Marinara Green Beans Garlic Bread Apple Slices Milk and Water</p> | <p>31</p> <p>Chicken Fried Rice Steamed Broccoli Pineapple Chunks Milk and Water</p> | | | | <p>Size Servings Ages 3-5 1.5 Ounces / ⅔ Cup ½ Slice / ¼ Cup ¼ Cup ¼ Cup ¾ Cup</p> |